

Physical Education Article Review

Name: _____

PE Hour: _____

Completion of this article review will make up one PE class.

1. Find an article on <http://www.acefitness.org/acefit/fitness-facts/>
2. Print the article.
3. Answer the following questions in COMPLETE SENTENCES.

Title of Article: _____

1. Write a summary of the article. (5 Points)

2. What 3 points did you find most interesting about this article? (3 points)

3. How will you use this information in your daily life? (2 points)