Wrightstown Middle School

7th Grade Human Growth and Development

Day 1

Unit Expectations and Overview
Dating Rights/Responsibilities
Healthy vs Unhealthy Relationships

Day 2

Puberty - What it is, changes to expect and ideas how to handle them. Body Image/Hygiene

Day 3-4

Male/Female Reproductive Systems Menstrual Cycle

<u>Day 5</u>

Online Safety