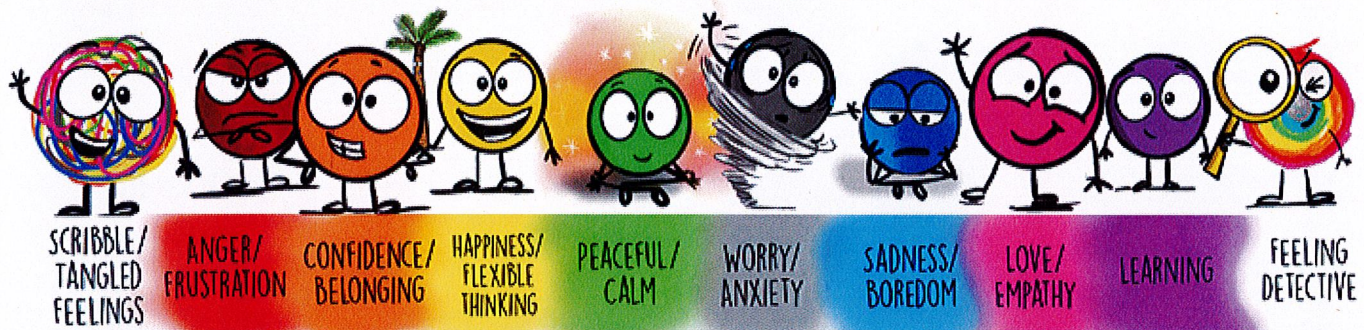


Parent's Take Home Guide to **A LITTLE SPOT...**

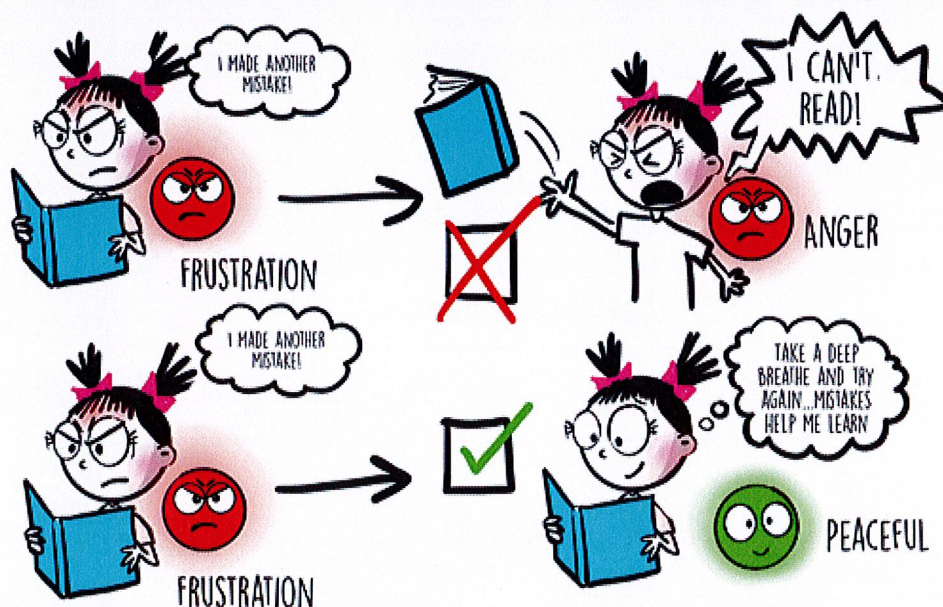
You might hear your child talk about "SPOTS". These characters are a tool we use in school to help your child become the best they can be both in the classroom and at home. Here is a brief intro, so you can learn more about them and see how they work.

EMOTIONS EFFECT LEARNING, BEHAVIOR, AND SOCIAL SKILLS



WHEN CHILDREN CAN IMAGINE THEIR EMOTION AS A "THING" THEY ARE ABLE TO MANAGE AND IDENTIFY IT EASIER.

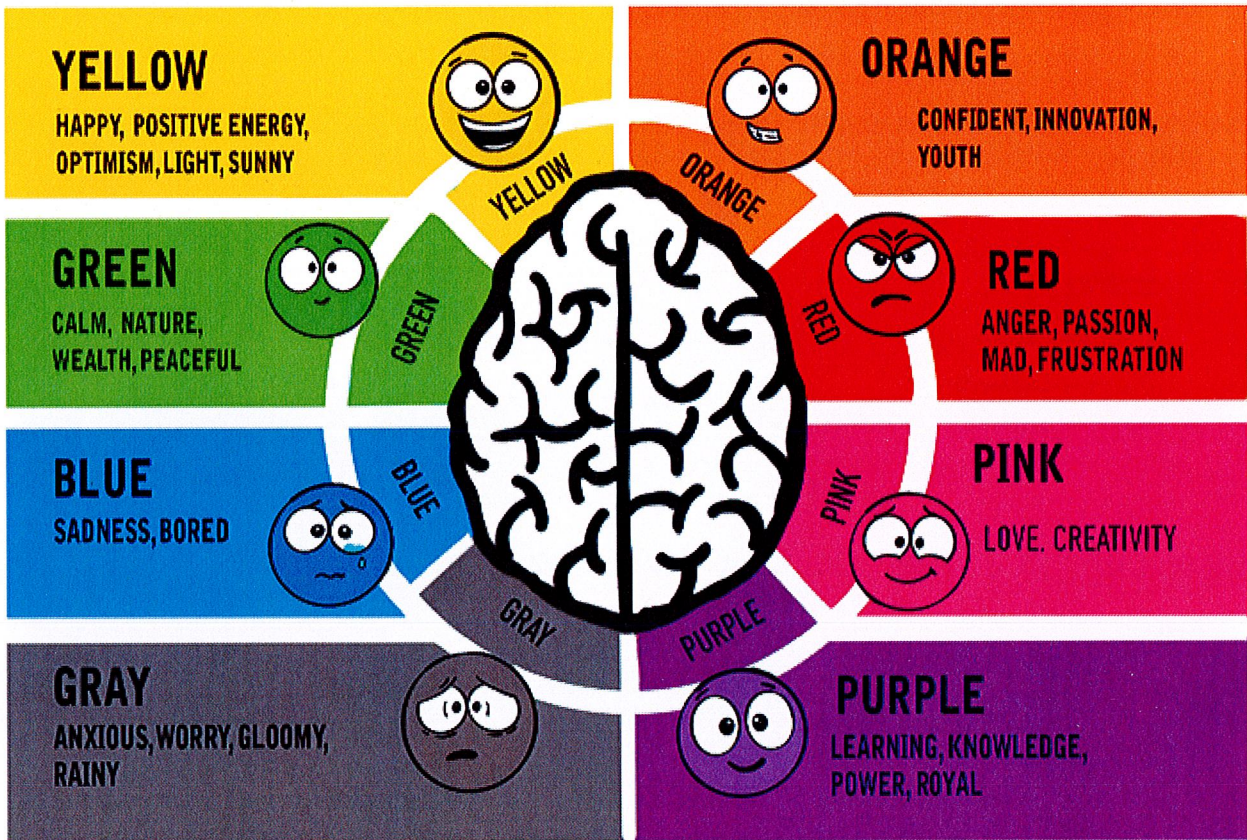
EMOTIONS → BEHAVIOR



We all experience emotions every day, but what we do with them is key. The goal is to help children navigate their emotions into a positive reaction. So instead of throwing a book when they are frustrated, they can take a second, name their feeling, and apply the correct coping strategy to get back to a Peaceful SPOT!

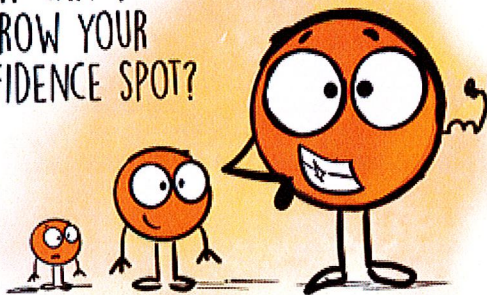
MEET THE SPOTS

Empowering children with vocabulary that can help describe how they are feeling, is vital in helping them navigate through challenging situations.



Every aspect of the SPOTS was carefully crafted down to their color. The color of each SPOT is directly correlated with color psychology. Color can evoke emotion and communicate with a viewer; that is why specific colors are used in marketing and design. Following color psychology as much as possible, will also benefit children in their future careers.

HOW CAN YOU
GROW YOUR
CONFIDENCE SPOT?



HOW CAN YOU
SHRINK YOUR
ANGRY SPOT?



Because of SPOTS' simplistic nature, they are easy to visualize growing or shrinking based on the emotion they represent.