

HEAD LICE TREATMENT CHECKLIST

TREATMENT STEPS		FAMILY MEMBERS' NAMES							House	Car
1.	Buy a pediculocidal shampoo or cream rinse, or mayonnaise.									
2.	Treat hair following instructions on information guide.									
3.	Remove clothing and wash. Use <u>hot</u> cycle of washing machine <u>or</u> 20 minutes on <u>hot</u> dryer setting.									
4.	Make sure any clothing put on after shampooing is clean.									
5.	Remove all nits from hair using a specially designed comb (ex: LiceMeister) or fingers. Dispose of by flushing down toilet or placing in plastic garbage bag.									
6.	Vacuum all couches, chairs, carpets, floors, mattresses and upholstered car seats.									
7.	Wash all bed linen, blankets, clothing, headgear, coats, etc. that have been worn prior to the treatment. (See #3)									
8.	Any items which cannot be washed must be ironed, dry-cleaned, placed in a hot dryer for 20 minutes, placed in a plastic bag for 10-14 days, or placed in a freezer for 48 hours.									
9.	Disinfect all combs, brushes, and other hair care items in the lice shampoo or in very hot water.									
10.	When using pediculocidal products, retreat hair 7-10 days after the first application or as directed on package insert.									
11.	Check hair daily to remove old nits or identify re-infestation.									